TROOP 228

Shopping Planner

PATROL: _____ Grubmaster:_____

ITEM	DAY	MEAL B L D	PER PERSON SERVING	TOTAL QUANTITY NEEDED	NOTES:	✔

DID YOU FORGET?

ITEM	Amount needed	✔	ITEM	Amount Needed	✔
Aluminum foil?			Ketchup?		
Cooking Oil?			Mustard?		
Detergent?			Peanut Butter?		
Trash Bags?			Salt & Pepper		
Paper Towels?			Sugar?		
Scouring Pads?					
Soap?					
Matches					

Helpful Serving Size Guidelines

Cold cuts: 2 per sandwich
2 hambuger patties/scout
2 hot dogs/scout

3oz dry spaghetti/scout
1/3 cup of veggies/scout
1 lb bacon/6 people

1-2 oz cereal/person
1 doughnut/person
1 cup salad/person

Useful Conversions:

16 oz = 1 pound
8 ounces = 1 cup

16 ounces = 1 pint
2 cups = 1 pint

1 gallon = 8 cups

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